



Two States.

Two Counties.

One Mission.

**REDUCE THE IMPACT
OF TOBACCO AND
NICOTINE USE IN OUR
COMMUNITY**

tobaccofreeqc.org

Tobacco-Free QC (TFQC) helps make our community a healthier, happier, tobacco and nicotine-free (TF/NF) place to live.

How do we do this?



Educate community members about the dangers of tobacco and nicotine use



Help create safe, healthy TF/NF public spaces



Connect to free cessation programs

**Come join us!
Contact TFQC to learn more.**

tobaccofreeqc@gmail.com
tobaccofreeqc.org
facebook.com/tobaccofreeqc
instagram.com/tobaccofreeqc